


RISK ASSESSMENT FOR CAIRNGORM CYCLING CLUB ACTIVITIES

Club Official and Riders						
Name of group/activity:	Kingussie TT					
Date/time of activity:	1830 31 July 2018					
Riders	Estimated no:	25	Ability:	Club riders	Age:	18+
Club Official managing activity:				Phone:		
Route						
Description/location: (use place names where possible, and include any technical sections such as junctions or roundabouts)	Start is at Kingussie on B970 on school side of level crossing. Follow the B970 out of Kingussie. Continue on the B970 past Ruthven Barracks and through Insh to turn left by Insh Hall and descend to Loch Insh. Cross the end of the loch on the long road bridge and climb up The Brae to the T junction with the B9152. Turn left here towards Kingussie to pass the entrance to the Wildlife Park and finish at the cemetery entrance approximately 1km after hamlet of Lynchat					
Approximate route/circuit length:	21.5 km (13.4 miles)					
Approximate height gained: (identify the approximate total height gained as well as the approximate height and percentage incline for key hills if applicable)	175m					
Other potential users of circuit/route: (such as horses, tractors, pedestrians, cars, etc)	Cars, tractors					
Consideration of previous risk assessments:	Consideration given to APR/SAL RA (SKU174) with adjustments as this is TT rather than race and at 1830 midweek rather than mid-afternoon on a weekend.					
Emergency communication:	How will you communicate with appropriate people/organisations in an emergency?			Use mobile phone if signal, otherwise phone from nearest occupied premises		
	If using a mobile telephone can you get adequate signal on the route?			<input type="checkbox"/> Yes <input type="checkbox"/> No [Depends on location]		
Definition of the levels of risk used in this document:						
LOW RISK:	is where other road users would not be reasonably anticipated to impede the normal progress of competitors					
MEDIUM RISK:	is where other road users may impede progress, but where the consequences of such interference might be overcome by rider action alone					
HIGH RISK:	where rider action alone is not likely to reduce the risk to low					

Venue			
Ignore this section if no venue involved			
Venue name:	n/a		
Address/location:			
Venue contact name:		Phone:	
Obtained and reviewed the venue's:	Health & Safety policy:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Normal operating procedures:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
	Emergency operating procedures:	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Consideration of previous risk assessments:			
Location of toilets:			
Location of changing rooms:			
Location of nearest phone and how to dial out:			
First Aid			
<p>The club is small and is not able to guarantee a designated first aider will be present at club confined time trials. Riders ride at their own risk and the club does not take responsibility for their health and safety. However, in the event of an accident, the timekeepers, marshals and other riders will do all they can to assist any rider who has suffered an injury and there will normally be a first aid kit available if needed. The club is committed to rider safety and all members should look at British Cycling advice on dealing with an accident.</p>			
Location of first aid kit:	In timekeeper's box with stopwatches and high-vis vests		
Person conducting the risk assessment			
Name:	Mike Barras	Phone:	01479 873279
Signature:		Date:	25/7/2018
Persons consulted			
Iain Kenneth, Lorna Adam, Adam Alexander, Brian Fishpool, Alan Myles			

ID	Location of hazard	Description of hazard	People at risk (coaches, riders, spectators & others)	Level of risk (high, medium or low)	Advice on hazard required?	Resolution/action
1	Wherever placing or removing signs	Danger from passing traffic	Officials	Low	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Be very vigilant of traffic conditions. Sign erectors must wear hi-vis vests.
2	0 km	Start area, danger from passing traffic	Officials Riders	Low	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Officials wear hi-vis vests. Cycle event sign before start area. Riders waiting to start must keep off highway.
3	0.6 km	Road narrows over bridge, danger from oncoming traffic	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and be prepared to give way to oncoming traffic
4	1.0 km	Sharp left turn, danger from oncoming traffic	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and be aware that oncoming traffic may be on wrong side of road
5	4.0	Narrow bridge followed by sharp left turn, danger from oncoming traffic	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and be prepared to give way to oncoming traffic
6	11.0 km	Minor road junction on right, danger from emerging traffic	Riders	Low	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders have right of way but will need to exercise caution.

ID	Location of hazard	Description of hazard	People at risk <i>(coaches, riders, spectators & others)</i>	Level of risk <i>(high, medium or low)</i>	Advice on hazard required?	Resolution/action
7	11.9 km	Left turn onto minor road to Kinncraig, danger from oncoming traffic also turning	Riders	Low	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution
8	12.1 km	Entrance to Loch Insh watersports, danger from traffic emerging/entering	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and be aware that oncoming traffic may be on wrong side of road
9	12.1 km	Right bend, danger from oncoming traffic on wrong side of road	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and keep well to left
10	13.2 km	Narrow bridge, danger from oncoming traffic	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and be prepared to give way to oncoming traffic
11	13.8 km	Left turn at junction, danger from traffic already on B9152	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders will need to exercise caution and be prepared to give way
12	14.3 km	Junction to Highland wildlife park on right, danger from emerging traffic	Riders	Low	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	Riders have right of way but will need to exercise caution.

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13	21.5 km	Finish, danger from passing vehicles	Officials Riders	Low	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	All officials to wear hi-vis vests. Riders to continue past finish without stopping.
14	Turn	Danger from passing traffic	Riders	Medium	<input checked="" type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	U-Turn beyond finish at a safe place chosen by rider
15					<input type="checkbox"/> No <input type="checkbox"/> Yes If yes, who can advise?	

Side road junctions, the small junctions or entrances to tracks and trails that are not mentioned in this risk assessment have been considered, they are not considered significant to pose a risk and therefore have not been noted.

