

## CARRBRIDGE TT RACE BRIEFING

- Marshals and timekeepers to wear hi-vis vests and to prioritise their own safety.
- 'Club confined time trials' are covered by the club's liability insurance as a training activity. This cover is a benefit to clubs and officials, not to individual participants. Therefore, riders are strongly urged to obtain an adequate level of personal liability insurance, such as that provided by Silver or Gold membership of British Cycling
- Riders ride at their own risk and the club does not take responsibility for their health and safety.
- The club is small and cannot guarantee to have 1<sup>st</sup> aider present at all events but there is a first aid kit in the timekeeper's box and in the event of an accident it is assumed that everyone will do all they can to help an injured rider.
- Riders are not on closed roads, will face oncoming traffic and should obey normal rules of the road.
- Riders are encouraged to use rear lighting to enhance their visibility to other road users.
- The course starts from the outskirts of Carrbridge on Carr Road (unclassified road from Carrbridge on S side of River Dulnain) and heads east to junction with A938 at Balnaan. Turn left on A938 and continue to Carrbridge 30mph signs.
- There will be no marshals on the turn and the unclassified road is largely single track so riders need to be particularly vigilant about their own safety.
- Do not warm up on the course.
- Riders near the start and finish area should keep off the highway before and after their race.
- At the end call out your race number, ride straight through the finish area and choose your own location to turn if you want to return to the finish.