

GLENMORE 10-MILE TT RACE BRIEFING

- Marshals and timekeepers to wear hi-vis vests and to prioritise their own safety.
- 'Club confined time trials' are covered by the club's liability insurance as a training activity. This cover is a benefit to clubs and officials, not to individual participants. Therefore, riders are strongly urged to obtain an adequate level of personal liability insurance, such as that provided by Silver or Gold membership of British Cycling
- Riders ride at their own risk and the club does not take responsibility for their health and safety.
- The club is small and cannot guarantee to have 1st aider present at all events but there is a first aid kit in the timekeeper's box and in the event of an accident it is assumed that everyone will do all they can to help an injured rider.
- Riders are not on closed roads, will face oncoming traffic and should obey normal rules of the road.
- Riders are encouraged to use rear lighting to enhance their visibility to other road users.
- Marshalls at the turn point may give advice about traffic but riders are responsible for ensuring that they are safe to turn.
- The course starts from the east end of the Hilton slip road east along the ski road east to turn in the road about 50m before the Hayfield car park entrance. Retrace the route to finish level with the start.
- Do not warm up on the course.
- Riders near the start and finish area should keep off the highway before and after their race.
- At the end call out your race number, ride straight through the finish area and choose your own location to turn if you want to return to the finish.