

Glenmore 10-mile times 15 May 2018

	Date	15/5/18
Forename	Surname	mm:ss
Brian	Fishpool	25:51
Emma	Sinclair	32:58
Lindsey	Alexander	38:28

Overall results

	Date	15/5/18	Rank	
Forename	Surname	Points	Female	Male
Brian	Fishpool	25		1
Emma	Sinclair	24	1	
Lindsey	Alexander	23	2	

Handicap times

	Date	15/5/18			
Forename	Surname	PB10	HC	Actual	HC Time
Brian	Fishpool	26:32	04:32	25:51	21:19
Emma	Sinclair			32:58	32:58
Lindsey	Alexander			38:28	38:28

Glenmore handicap results

	Date	15/5/18	Rank	
Forename	Surname	Points	Female	Male
Brian	Fishpool	25		1
Emma	Sinclair	24	1	
Lindsey	Alexander	23	2	

Details of the scoring and the handicap system are on the website - <http://cairngormcc.co.uk/information/time-trial-scoring>